

# 21<sup>st</sup> Annual York University Youth Xmas Open Track & Field Meet

**Saturday, December 2, 2023**

## Schedule of Events

**REMINDER OF THE LIMIT OF 4 EVENTS PER ATHLETE**

### Track Events

#### **Straight**

9:00am	50m Timed Final	(Girls) (U7, U9, U11, U13, U15)
	800m Timed Final	(Girls) (U7, U9, U11, U13, U15)
	200m Timed Final	(Girls) (U7, U9, U11, U13, U15)
10:30am	50m Timed Final	(Boys) (U7, U9, U11, U13, U15)
	800m Timed Final	(Boys) (U7, U9, U11, U13, U15)
	200m Timed Final	(Boys) (U7, U9, U11, U13, U15)

**ALL TIMED SECTIONS WILL BE RUN FROM SLOW TO FAST  
STARTING BLOCKS FOR SENIOR AGE GROUP ONLY**

### Field Events

9:00am	Long Jump (Boys)
	High Jump (Open Boys)
	Shot Put (U13 Boys (2.73kg) / U15 Boys(2.73kg))
10:30am	Long Jump (Girls)
	High Jump (Open Girls)
	Shot Put (U13 Girls (2.73kg) / U15 Girls (2.73kg))

**ALL AGE GROUPS WILL COMPETE AT THE SAME TIME IN THE LONG JUMP  
RESULTS BE CALCULATED BY AGE GROUPS.**

**TAKE-OFF BOARD: WILL BE 1m IN LENGTH AND THE WIDTH OF THE LONG JUMP RUNWAY.  
ATHLETES MUST JUMP FROM THE 1m AREA ON THE RUNWAY. U15 ATHLETES WILL USE  
THE TAKE OFF BOARD.**

### Age Groups

U7	2017 or 2018
U9	2015 or 2016
U11	2013 or 2014
U13	2011 or 2012
U15	2009 or 2010
U17	2007 or 2008

**Results:** Results will be posted at the following web site: [www.yorkutrackclub.com/results](http://www.yorkutrackclub.com/results)